



JANUARY FAMILY GUIDE PRESCHOOL TO ELEMENTARY

JAN 7 & 8

GOD SEES OUR HEART

BIG IDEA: God chose David to be king because He saw David's heart. God sees our hearts too!

(1 SAMUEL 16)

JAN 14 & 15

GOD IS PROMISE KEEPER

BIG IDEA: God promised that David would become king one day, but David had to trust and wait a long time for this to happen. God always keeps His promises!

(1 SAMUEL 18-20)

JAN 21 & 22

GOD IS PROTECTOR

BIG IDEA: David trusted that God would protect him as he waited to become king. God protects us too!

(1 SAMUEL 23-24)

JAN 28 & 29

GOD IS OUR REFUGE

BIG IDEA: God is our refuge and our place of safety! Let's take time to look back and remember how God has been a refuge in our own lives as we remember & celebrate.

(PSALM 91)



KEY VERSE:
Psalm 91:2,
NIRV



GOD STATEMENT:
God is
Our Refuge



JANUARY MISSION FOCUS:
Refugees
in Greece



MORNING TIME:

Mornings can feel challenging in the winter season with the cold and darkness. Take time to set the tone for the morning by lighting a candle (or special lamp), turning on worship music, and pausing to look your kiddo(s) in the eye and say "I love you!" or pray over them.



MEAL TIME:

As we enter the new year, consider taking time as a family to intentionally set goals for 2023. Use meal time to discuss/brainstorm goals together. Some simple family goals include: reading a family devotional once a day/week, planning regular family nights, signing up for a community service project, choosing a Bible verse to memorize each month, etc.



CAR TIME:

Driving in the car is a good time to be intentional with your kids. On the car ride to school, ask your kids one thing they are excited/worried about for the day ahead. Then, on the car ride home, ask your kids how those things turned out.



BED TIME:

As you tuck your kids in bed, create a pattern of naming your blessings from the day. Take turns writing 3 blessings each in a journal or on paper. Blessings could be as simple as: a fun playdate with friends, fresh snow on the ground, or yummy dinner.



JANUARY FAMILY GUIDE BABIES & TODDLERS

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MEAL TIME:



As we enter the new year, consider taking time as a family to intentionally set goals for 2023. Explain to your little one(s) that a goal is something you want to do together. Some simple family goals include: reading a Bible story every day/week, planning regular family nights, trying a new food or activity, working on potty training.

CAR TIME:



Driving in the car is a good time to to be intentional with your little one. Take this time to ask your little one questions about their day. Ideas of questions: What are we going to do today? Who will you see? Are you excited or nervous? Then, at the end of the day, ask your little one similar questions about how their day turned out.

BED TIME:



As you tuck your kids in bed, create a pattern of naming your blessings from the day. Explain that this is a way for you to thank God every day. Simply ask: What did you love about today? Did God help you with something (being a good listener, etc.)?