



Lesson 12

4s-K

SAMSON & DELILAH

November 22 & 23
**GOD IS OUR
STRENGTH**



LESSON GOAL:

Background: The Philistines were bad people that treated God's people, the Israelites, poorly. God had a plan and chose an Israelite baby named Samson to grow up and help deliver His people. God gave him special strength, and directed them to never cut his hair. Even though Samson was really strong, he still made bad choices, like when he trusted a Philistine woman named Delilah. Delilah tricked Samson into telling her his secret, and she cut his hair, causing him to lose all his strength. Samson was then captured and put in prison. But, in his weakness, Samson prayed to God, and God answered, giving Samson strength to destroy the Philistine temple. God still used Samson even in all his mistakes and sins. Despite what many thought, Samson's strength didn't come from his long hair, but from the mighty God he served because God is our strength.

Lesson Goal: For kids to understand that even though we make mistakes and sin, God can and will still use us for His glory because God is our strength!

Judges 13-16

ANNOUNCEMENTS:

Kids Sing

Rehearsal is November 22
Performance is December 6/7

THEME FOR THIS SERIES:
Livi Light's Leaping
Adventure



KEY VERSE:

Trust in the Lord with all your heart.
Do not depend on your own
understanding.

Proverbs 3:5, NIRV

MISSION FOCUS:

GIFT OF LOVE

The Gift of Love Celebration is hosted by our Woodmen ACTs ministry and serves over 350 families in our community. Parents experience the joy of giving as they shop for new gifts at a low cost to gift to their family at Christmas.

Woodmen families are encouraged to pick up an ornament (card) from the Christmas tree in their Kids area and shop for the specified age and gender listed on the card.

Items will be collected at the Woodmen Kids Greeter Desk (or the Feeding Families bins) from November 29-December 7.

Families can also sign up to serve:
woodmenvalley.org/giftoflove



5:45-6:10pm
8:45-9:10am
10:45-11:10am

CHECK-IN

The goal of check-in is to greet parents/guardians and children by name and help them feel known and welcome.



SAY:

I'm so glad to see you today, *(insert child/parent name)*! You can play with the classroom activities until we begin Explore time.

6:10-6:25pm
9:10-9:25am
11:10-11:25am

EXPLORE

The goal of Explore is to help kids connect relationally and think about the Bible story. It should be completed in small groups of 5-7 kids per one Ministry Partner.



DISCUSS: God is Our Strength!

Help kids connect relationally and to the daily lesson by participating in the Bag of Wonder activity together.

Bag of Wonder: dumbbell



SAY:

We are going to take turns passing around this Bag of Wonder! It has something inside that helps us think about our lesson today. You can hold it, smell it, shake it, touch it...but no peeking inside! What do you think it could be? You each get 1 guess!



DO:

Pass the Bag of Wonder around until each child has had a turn holding it and guessing what's in the bag. Offer hints to help the kids guess the item.



SAY:

I *wonder* why this item is in our Bag of Wonder today! Our lesson is about how **God is Our Strength**. This true story comes from the Bible in **Judges 16:28-29!** (*Open your Bible to show the kids the verse is in the Bible then read the explanation below*).

CONNECTION: In today's story, we are going to hear about Samson who was a very strong man in the Bible, who got his strength from God. He could lift heavy things, like a gate or a big rock, kind of like how we lift dumbbells to get strong. A dumbbell is like a small weight we use to make our muscles big and strong. Samson didn't need dumbbells—God made him strong! But when Samson disobeyed God, he lost his strength until he prayed for it back.



CONNECT: Why Does It Matter?

Help kids prepare for the lesson by thinking through the Big 3 questions and how the lesson relates to them, personally.



SAY:

Let's answer THE BIG 3 questions for today's lesson & talk about how it applies to our lives!

1. Who is our story about today?

God, Samson, Delilah, & the Philistines

2. What is the problem?

Samson lost all the strength God gave him because of his own sin in telling Delilah his secret.

3. What will God do?

In his weakness, Samson prayed asking God for strength one more time, and God gave him strength. Samson's strength was never from his long hair, but from his mighty God.

Encourage kids to think about why this matters and how they can apply it to their own life as they listen to the story!



MAKE: Samson

Help kids think about the lesson further and have fun by doing this activity!

Supplies: popsicle stick, yarn, arms, face, God Statement Sticker, glue, crayons/markers



DO:

Pass out one set of arms and a head to each child. Have them color the arms and face and then glue it to the popsicle stick. Allow the kids to take yarn to glue to the head to make hair and add the God Statement Sticker to the stick.



SAY:

We get to learn about Samson! God is our strength. Let's make a fun craft to prepare for our lesson today.



CLEAN UP: Transition to Large Group

Ask kids to clean up the activity or save it to finish for the end of class. Then, ask kids to line up and/or transition to Large Group.



Craft Example



6:25-6:50pm
9:25-9:50am
11:25-11:50am

LARGE GROUP

The goal of Large Group is to help kids grow in their relationship with God by participating in Worship and hearing an engaging Bible story.



EXPECTATIONS

As kids transition to Large Group time, play the expectations video.



HOST MOMENT

After the Large Group expectations video is finished, the Host should welcome the kids in an engaging way and share the daily host content.



SAY:

Welcome! We're so glad you're here today! Let's take a few minutes to look at our Missions project for the day and our Key Verse.

MISSION FOCUS

Introduce or share an update about the current mission focus.

KEY VERSE

Introduce the key verse then have the kids watch the Key Verse video.

PRAY FOR WORSHIP & BIBLE LESSON



WORSHIP

Invite your Worship Leader to come up and play the worship song videos. Encourage kids to participate and be respectful to others.

SONG 1: I Trust in Him

SONG 2: I Could Sing of Your Love



LESSON VIDEO

Play the daily Bible lesson video.



WORSHIP RESPONSE

Lead the kids through a quiet time of responding to what God is teaching them.



BLESSING

As Large Group ends, speak this blessing over the kids.

May you find hope knowing that your strength comes from God! He loves you and He strengthens you to do what is right!



TRANSITION

After the blessing, the Host should dismiss the kids to return quietly to their classroom (if applicable) and transition to Respond.

WORSHIP RESPONSE



REFLECT: God is Our Strength!

Help kids reflect on the lesson by providing a quiet space for the Holy Spirit to work in their hearts as they think about how it applies to them personally.

Worship Response Station

Supplies: “Firm Foundation” worship song in PowerPoint



SAY:

Samson lost all the strength God gave him because of his own sin in telling Delilah his secret. In his weakness, Samson prayed asking God for strength one more time, and God gave him strength. Samson’s strength was never from his long hair, but from his mighty God. Even though we make mistakes and sin just like Samson, God can use us for His glory because God is our strength!



DO:

- Ask the kids to quietly participate in the following activity. Say:
 - ***God is our strength! Just like Samson, we can forget our strength comes from God.***
 - ***Sometimes we try to do things our own way, instead of trusting God to be our strength and show us what to do.***
 - ***Let’s sing a song to help us remember how we can trust God to be our strength and our firm foundation through anything we might face!***
 - Invite kids to stand and sing “Firm Foundation” from the PowerPoint.
 - ***Just like we sang, God is our firm foundation. We can trust God is our strength and He will never change, no matter what trials we face!***
- Close the time by praying over the kids.



BLESSING

As Large Group ends, speak this blessing over the kids.



SAY:

May you find hope knowing that your strength comes from God! He loves you and He strengthens you to do what is right!

6:50-7:10pm
9:50-10:10am
11:50am-12:10pm

RESPOND

The goal of Respond is for kids to think about the lesson and how it applies to them. It should be completed in small groups of 5-7 kids per one Ministry Partner.



APPLY: Why Does it Matter?

Help kids process what they learned in the lesson by answering the Big 3 questions you asked at the beginning of class.



SAY:

Let's answer THE BIG 3 questions for today's lesson & talk about how it applies to our lives!

1. Who was our story about today?

God, Samson, Delilah, & the Philistines

2. What was the problem?

Samson lost all the strength God gave him because of his own sin in telling Delilah his secret.

3. What did God do?

In his weakness, Samson prayed asking God for strength one more time, and God gave him strength. Samson's strength was never from his long hair, but from his mighty God.

4. Why does this matter to me?

Even though we make mistakes and sin just like Samson, God can use us for His glory because God is our strength!

5. How can I apply this to my own life?

Example: I can ask God for strength to do the right thing in difficult situations; I can thank God for being my strength; I can ask for forgiveness when I make mistakes/sin



PRAY: Connect Relationally

Help kids understand the power of praying together. Use the Prayer Tags from Check-In to write down prayer requests to take home and pray for during the week.



SAY:

Does anyone have a prayer request they'd like to share? You can also share with a leader privately, if you don't want to share aloud.



DO:

Invite kids to pray for each other, then the leader closes in prayer.

As parents
arrive after
service

CHECK-OUT

The goal of check-out is to re-connect kids with their parent and communicate any upcoming events or announcements as families leave.



DO:

Encourage kids to finish their activities or play classroom games until their parent comes to pick them up.

As kids get picked up, mention any announcements while handing their parent the announcement card and the weekly **Lesson Card**.