



AT HOME

WEEKLY FAMILY DISCUSSION GUIDE

November 13 & 14

REMEMBER VERSE Memorize Together

Wait for the Lord.
Be strong and don't lose hope.
Wait for the Lord!

PSALM 27:14 (NIRV)

GOD STATEMENT: God is in Control

Use this God-centered statement to help apply what your kids are learning. Instead of just hearing a Bible story and seeing how God helped those specific people, encourage them to look at their life and apply the God-centered statement.

GROW DEEPER Discuss as a Family

Help your kids grow deeper in their understanding of this past weekend's lesson and prepare for next week's lesson.

WHAT WE LEARNED THIS WEEK...

LESSON: God Saves the Israelites - Crossing the Red Sea

READ TOGETHER: Exodus 14

DISCUSS (Younger Kids):

- The Israelites must have been pretty scared as the Egyptians were coming after them. Talk about a time when you have felt scared and think about how God protected you.
- Say "God is in control!" 5 times! Do you trust God to protect you?

DISCUSS (Older Kids):

- Who did Moses say would fight for the Israelites?
- We can cast our worries and fears on God. How can that help when you are afraid?

NEXT WEEK...

We will look at how God continues to be in control as He gives Moses the 10 Commandments for the Israelites to follow. (Exodus 20)

GATHER Intentional Family Time

Life is busy and finding intentional time to gather as a family can be hard! How can you create intentional opportunities for family time in the following areas?

MORNING TIME:

Spending intentional time with your kids each morning can really prepare their heart and mind for the day ahead.

IDEA: Write an encouraging Bible verse, picture or note on your child's mirror each day so they see it first thing.

MEALTIME:

Eating together is the perfect time to share conversation together and "check in" with each other.

ASK: What is something that really frustrated you today? What is something you're thankful for? Being thankful is a great way to change our attitude and feelings!

CAR TIME:

We spend a lot of time in the car! Why not use this time to reinforce what your kids are learning?

PLAY: Take turns as a family practicing the Remember Verse. One person starts by saying the first word, then take turns back and forth until you've recited the whole verse. If someone forgets or says the wrong word, start over until you can recite the whole verse!

BEDTIME:

Kids love routine and bedtime is one of the most familiar routines for kids. Take advantage of this time by reading a blessing over your kids as they get ready for bed!

BLESSING IDEAS:

"God is in control of everything! Give all your worries to Him. He loves you and will help you!"

"God knows everything about you and He loves you! He will take care of you, even when things seem hard."

"Always remember that Jesus loves you no matter what. Even when you make mistakes, you can keep going back to Him! He forgives you and will help you!"

CONTRIBUTE Missions Focus

This month, we're learning about Woodmen's **Thanksgiving Basket** ministry.

Woodmen's ACTS ministry provides 300 Thanksgiving Baskets so members of our church body and families from our school partners can enjoy a Thanksgiving meal.

Spend time together praying for the people and families who will receive these Thanksgiving Baskets.

This is also a perfect opportunity to encourage empathy and talk to your kids about serving others. Start by asking them:

"What are YOU thankful for?"

woodmenvalley.org/thanksgivingbaskets

CONNECT Fun Opportunities

Family Christmas Box
Sign up for a box full of fun to do with your family this December!

Forest Bend Farm
Join us on December 20th for an old-fashioned Christmas experience on the farm, exclusively for our Woodmen Kids families! Pre-purchased tickets required (\$10/person)

For more info and to sign up, visit woodmenvalley.org/kids.