



## AT HOME

### WEEKLY FAMILY DISCUSSION GUIDE

May 7 & 8

#### REMEMBER VERSE Memorize Together

“Jesus said to him, “I am the way, and the truth, and the life. No one comes to the Father except through me.”

John 14:6 (NIRV)

#### GOD STATEMENT: Jesus is Our Hope

Use this God-centered statement to help apply what your kids are learning. Instead of just hearing a Bible story and seeing how God helped those specific people, encourage them to look at their own life and apply the God-centered statement to it.

#### GROW DEEPER Discuss as a Family

Help your kids grow deeper in their understanding of this past weekend’s lesson and prepare for next week’s lesson.

#### WHAT WE LEARNED THIS WEEK...

**LESSON:** God Transforms Us

**READ TOGETHER:** Ephesians 2:1-10

#### DISCUSS (Younger Kids):

- Have you ever seen a butterfly? Before a butterfly is a butterfly, what does it start off as? (*a caterpillar*). When a caterpillar turns into a butterfly that is called transformation. Can you say transformation 10 times out loud?
- Transformation is a change. A caterpillar goes through transformation to be a beautiful butterfly. Have each person in your family draw a caterpillar and a butterfly to help us remember that God transforms us.

#### DISCUSS (Older Kids):

- God transforms us. God helps us grow not just on the outside, but on the inside too. When we admit we do wrong things, believe in Jesus, and confess with our mouth that He is God’s son, we receive new life in Him. You can do that anytime. Knowing this, how does this make you feel? Have you asked Jesus into your heart?
- We are told by Jesus to go and make disciples. The past couple of months we have been learning that Jesus is Our Hope, think of one person you can share the hope with this week. Spend a few minutes praying for that person.

#### NEXT WEEK...

We will be learning how **God is Giving** as we continue in our new series. (Matthew 25:35-40)

## GATHER Intentional Family Time

Life is busy and finding intentional time to gather as a family can be hard! How can you create intentional opportunities for family time in the following areas?

### **SPRING BIBLE CHALLENGE:**

Through the month of May, we are continuing to challenge kids to work on the spiritual discipline of fasting. We are talking about little things we can give up, creating space for intentional time with God. While fasting helps strengthen our relationship with God, it also reminds us of our dependence on Him for everything!

### **Family Activity - Give Up & Fill Up Cups**

As we talk about and model fasting, [use this activity to tangibly engage with our Spring Challenge as a family.](#) Share on Facebook about your family's experience!

### **MORNING TIME:**

Speaking words of truth and love over your kids each morning can really prepare their heart and mind for the day ahead.

**IDEA: Share what you are looking forward to and not looking forward to in today. Then, take turns praying for each other's day.**

### **MEALTIME:**

Eating together is the perfect time to share conversation and "check in" with each other.

**ASK: Think about what God has been teaching you right now, and share a God Statement to describe it.**

*Ex: God has been teaching me that I don't have to feel afraid of the dark because He is with me - God is with me or God is my strength.*

### **CAR TIME:**

We spend a lot of time in the car! Why not use this time to reinforce what your kids are learning?

**PLAY: Turn on your kid's favorite worship song and sing as loud as you can! Then, turn off the song and see if you can sing the words without the music.**

### **BEDTIME:**

Kids love routine and bedtime is one of the most familiar routines for kids. Take advantage of this time by reading a blessing over your kids as they get ready for bed!

### **BLESSING IDEA:**

**"May you know that God is love. May you remember that God calls us to shine His light wherever we go!"**

## CONTRIBUTE Missions Focus

### South Asia & Empart

Right now in Woodmen Kids, we are learning about one of Woodmen's global partner ministries in South Asia called Empart.

Empart Ministry works to train and support local workers in South Asia to reach their own community with God's Word.

As the believers in South Asia seek to love their neighbors well, we can support those workers in the most important way - through prayer.

### **Spend time in prayer with your family:**

Pray for God to raise up workers.

Pray for protection of the workers.

Pray for more centers to train and send workers to unreached areas.

Pray for God to provide for the needs of the workers and the training centers.

### **Discuss with your family:**

What would it feel like if you didn't know Jesus?

Is it scary to tell others about Jesus? Why or why not?

## CONNECT Fun Opportunities

### Summer Day Camp - Jungle Quest!

Kids (3yr - 6<sup>th</sup> grade) are invited to join us for a 4-day adventure as we participate in a quest for God's eternal truth!

*For more info:*  
[woodmenvalley.org/summercamp](http://woodmenvalley.org/summercamp)