



## AT HOME

### WEEKLY FAMILY DISCUSSION GUIDE

#### April 9 & 10

#### REMEMBER VERSE Memorize Together

“But here is how God has shown His love for us. While we were still sinners, Christ died for us.”

Romans 5:8 (NIRV)

#### GOD STATEMENT: Jesus is Our Hope

Use this God-centered statement to help apply what your kids are learning. Instead of just hearing a Bible story and seeing how God helped those specific people, encourage them to look at their own life and apply the God-centered statement to it.

#### GROW DEEPER Discuss as a Family

Help your kids grow deeper in their understanding of this past weekend’s lesson and prepare for next week’s lesson.

#### WHAT WE LEARNED THIS WEEK...

**LESSON:** Jesus is Our Rescuer – Last Supper & Crucifixion

**READ TOGETHER:** Matthew 26

#### DISCUSS (Younger Kids):

- As Easter is quickly approaching, we want to spend time reflecting on and remembering how amazing God is. As a family take turns saying God Statements you know. (*God statements are a way to help us remember the truths about God – ex: God is loving, God has a plan, God is the redeemer*)
- Jesus trusted God’s plan, even when things were scary. Think about a time you were scared. Did you trust God? How can we trust God when we’re scared?

#### DISCUSS (Older Kids):

- Jesus knew that He was going to die soon. What did He pray for? (*He prayed that He would not have to go through this suffering but says God’s will be done*).
- He trusted God’s plan, even if He was afraid. Have you ever had to do something you didn’t want to do? What was it? How did you feel in the end?

#### NEXT WEEK...

We will continue to look at Jesus’ life and discover how **Jesus is Our Hope**, as we continue to learn about why we can truly have hope. (Matthew 27 & 28)

## **GATHER**

### **Intentional Family Time**

Life is busy and finding intentional time to gather as a family can be hard! How can you create intentional opportunities for family time in the following areas?

#### ***THE SPIRITUAL DISCIPLINE OF FASTING***

This Spring, we are challenging kids to work on the spiritual discipline of fasting.

The discipline of fasting is not something the Bible commands us to do. However, the Bible presents fasting as something that is good, profitable and beneficial to us, helping us grow in our walk with Christ.

While many people think fasting is only related to food, the whole goal behind this discipline is to give up something important to us in order to focus more on God. While fasting helps strengthen our relationship with God, it also reminds us of our dependence on Him for everything!

#### ***LENT***

One of the most traditional times when Christians practice this discipline is during the season of Lent, the 6 weeks leading up to Easter.

Just like the way Jesus went into the desert for 40 days of fasting and prayer before he started his public ministry, Lent is a time for us to set aside something important to focus on what Jesus did for us on the cross. It's a time to prepare our hearts for the celebration of his resurrection!

#### ***TALKING ABOUT FASTING AS A FAMILY***

- Talk about the Easter story - what happened?  
[Click here to watch "The Story of Easter" by Saddleback Kids](#)
- Discuss why this is important to each of you - how does this make you want to live differently?
- Discuss "fasting" as a family - make sure everyone understands the meaning of fasting
- As a family, decide what each of you will fast from and for how long - how will you focus more on God?
- After your period of fasting is over, talk about it as a family - what was it like? How did you feel? What did you learn about God?

## **CONTRIBUTE**

### **Missions Focus**

#### **Compassion International**

Woodmen Kids sponsors three kids through Compassion International - Rosmery (RR), Laban (WH), & Mauricio (SW & MO). We spend time talking about and praying for our Compassion children every weekend. We encourage our kids to continue to pray for and write letters to our Compassion kids during the week too!

#### ***LET'S GIVE A BIBLE!***

For the month of April, we are raising money to send 50 Bibles to kids in need through Compassion International!

***Each Bible is just \$10, so that means we are working to raise \$500 across all our campuses over the next 4 weeks.***

To go along with our Spring Bible Challenge of fasting, we want to think about ways we can give of our time and resources to love others like Jesus does by giving them a Bible.

Spend time discussing:

***What was it like getting your first Bible?***

***How can we raise/earn money to help give another kid a Bible?***

## **CONNECT**

### **Fun Opportunities**

**Easter at Woodmen!**  
Celebrate our Risen King with us this Easter. Join us at 6pm Saturday, 8am, 10am, or 12pm Sunday (8 & 10am only at Southwest). Kids classes are provided for birth-K only.

***For more info:***  
[\*\*\*woodmenvalley.org/easter\*\*\*](http://woodmenvalley.org/easter)