### AT HOME

**WEEKLY FAMILY DISCUSSION GUIDE**

**April 2 & 3**

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| **REMEMBER VERSE** | **GROW DEEPER**
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| *Memorize Together* | **Discuss as a Family**
| "But here is how God has shown His love for us. While we were still sinners, Christ died for us." Romans 5:8 (NIRV) | Help your kids grow deeper in their understanding of this past weekend’s lesson and prepare for next week’s lesson. |

**WHAT WE LEARNED THIS WEEK...**

**LESSON:** Jesus is King – Palm Sunday

**READ TOGETHER:** Mark 11:1-11

**DISCUSS (Younger Kids):**
- Have you ever walked on a red carpet before? Why do you think people usually walk on red carpets? (Fame, something big important is about to happen.)
- What did they place as a path before Jesus, as he rode into Jerusalem? (Coats and leaves/branches).

**DISCUSS (Older Kids):**
- As Jesus was coming into Jerusalem the crown shouted Hosanna! What does Hosanna mean? (Praise and Joy). Now act it out! Have someone pretend to be Jesus, and lay down things for them to walk on, then use your palm branches and shout Hosanna!
- Imagine what it would have been like to be with Jesus on Palm Sunday. How do you think you would have felt being there with Him knowing that He is the true king?

**NEXT WEEK...**

We will continue to look at Jesus’ life and discover how **Jesus is Our Hope**, as we learn more about Jesus’ death and crucifixion and why we can truly have hope. (Matthew 26)
GATHER
Intentional Family Time

Life is busy and finding intentional time to gather as a family can be hard! How can you create intentional opportunities for family time in the following areas?

THE SPIRITUAL DISCIPLINE OF FASTING
This Spring, we are challenging kids to work on the spiritual discipline of fasting.

The discipline of fasting is not something the Bible commands us to do. However, the Bible presents fasting as something that is good, profitable and beneficial to us, helping us grow in our walk with Christ.

While many people think fasting is only related to food, the whole goal behind this discipline is to give up something important to us in order to focus more on God. While fasting helps strengthen our relationship with God, it also reminds us of our dependence on Him for everything!

LENT
One of the most traditional times when Christians practice this discipline is during the season of Lent, the 6 weeks leading up to Easter.

Just like the way Jesus went into the desert for 40 days of fasting and prayer before he started his public ministry, Lent is a time for us to set aside something important to focus on what Jesus did for us on the cross. It’s a time to prepare our hearts for the celebration of his resurrection!

TALKING ABOUT FASTING AS A FAMILY

- Talk about the Easter story – what happened? Click here to watch “The Story of Easter” by Saddleback Kids
- Discuss why this is important to each of you – how does this make you want to live differently?
- Discuss “fasting” as a family – make sure everyone understands the meaning of fasting
- As a family, decide what each of you will fast from and for how long – how will you focus more on God?
- After your period of fasting is over, talk about it as a family – what was it like? How did you feel? What did you learn about God?

CONTRIBUTE
Missions Focus

Compassion International

Woodmen Kids sponsors three kids through Compassion International – Rosmy (RR), Laban (WH), & Mauricio (SW & MO). We spend time talking about and praying for our Compassion children every weekend. We encourage our kids to continue to pray for and write letters to our Compassion kids during the week too!

LET’S GIVE A BIBLE!

For the month of April, we are raising money to send 50 Bibles to kids in need through Compassion International!

Each Bible is just $10, so that means we are working to raise $500 across all our campuses over the next 4 weeks.

To go along with our Spring Bible Challenge of fasting, we want to think about ways we can give of our time and resources to love others like Jesus does by giving them a Bible.

Spend time discussing:

What was it like getting your first Bible?
How can we raise/earn money to help give another kid a Bible?

CONNECT
Fun Opportunities

Easter at Woodmen!
Celebrate our Risen King with us this Easter. Join us at 6pm Saturday, 8am, 10am, or 12pm Sunday (8 & 10am only at Southwest). Kids classes are provided for birth-K only.

For more info: woodmenvalley.org/easter